

Early Learning Center
Month: August 2026

- School Age children may be served cereal and fruit in substitution for hot breakfast in order to maintain their individual bus schedules
- Meals and Snacks are subject to change without notice
- As stated in the parent handbook, all requests for special foods and diets must be documented and recommended by your physician. Parents may be required to provide appropriate food substitutes for their child
- HM: This item is homemade with more than 2 ingredients It is not a prepackaged food item

	Menu Item	1-2 age	3-5 age	6-12 age	Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Pears	Mandarin Oranges	Apple Slices	Strawberries	Bananas
	Grains	½ s or serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	Life Cereal	Multi-Grain Cheerios Cereal	Rice Krispies Cereal	Whole Grain Pancakes	Corn Chex Cereal
	Add. Food option							Syrup	
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Peas	Green Beans	Diced Carrots	Mixed Vegetables	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Mixed Fruit	Peaches	Sliced Watermelon	Pineapple	Sliced Honeydew
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Chicken Salad (diced chicken, light mayo, dill) HM	Chicken Meatballs with Tomato Sauce	Pasta Salad (carrots, broccoli, peas, chicken, cheese, tri-colored rotini, Italian dressing) HM	BBQ Chicken Breast	Tuna Salad (Tuna, Light Mayo, Dill) HM
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Whole Grain Slider Roll	Flat Bread	Tri-Colored Rotini	Whole Grain Dinner Roll	Multi-Grain Bread
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	Orange Juice	White Grape Juice	Water	Milk	Water
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Triscuit Crackers	Cheez-its Crackers	Multi-Grain Club Crackers and Sliced Cheddar Cheese	Graham Crackers	Saltines and Cheddar Cheese Cubes

Early Learning Center
Month: August 2026

	Menu Item	1-2 age	3-5 age	6-12 age	Monday August 10	Tuesday August 11	Wednesday August 12	Thursday August 13	Friday August 14
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mango	Peaches	Blueberries	Applesauce	Apple Slices
	Grains	½ s or serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	Corn Flakes Cereal	Cheerios Cereal	Rice Krispies Cereal	Whole Grain French Toast Sticks	Life Cereal
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Carrot Sticks (inf/tods-blanchd)	Corn	Diced Potatoes (diced potatoes, olive oil, oregano) HM	Salad (inf/tod-lettuce PS-lettuce, carrot, cabbage)	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Sliced Honeydew	Mandarin Oranges	Mixed Fruit	Orange Slices	Bananas
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Soy Nut Butter and Mozzarella Cheese Sticks	Chicken Quesadillas (Diced chicken, shredded cheddar cheese, taco seasoning) HM	BBQ Diced Chicken (Diced Chicken, BBQ sauce, and Ketchup) HM	Diced Chicken and Salsa	Sliced Turkey
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serving (1/2 oz)	1 s or serving (1 oz)	Multi-Grain Bread	Whole Wheat Tortilla	Whole Wheat Hamburger Bun	Whole Wheat Tortilla	Whole Grain Bread
	Add. Food option							Ranch Dressing	Mustard
Snack	Fluid	½ cup	½ cup	1 cup	Orange Juice	Milk	Apple Juice	Water	Water
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Whole Grain Graham Cracker Goldfish	Cinnamon Raisin Bread-HM	Pretzels (Infants and tods-Soft Pretzels)	Townhouse Crackers and Soy Nut Butter	Whole Grain Bean and Veggie Crackers and Mozzarella Cheese Sticks

**Early Learning Center
Month: August 2026**

	Menu Item	1-2 age	3-5 age	6-12 age	Monday August 17	Tuesday August 18	Wednesday August 19	Thursday August 20	Friday August 21
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mixed Fruit	Pineapple	Mandarin Oranges	Mixed Berries	Bananas
	Grains	½ s or serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	Cheerios Cereal	Corn Chex Cereal	Kix Cereal	Life Cereal	Whole Wheat Bagels
	Add. Food option								Cream Cheese
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Cauliflower	Broccoli	Green Beans	Carrots	Lima Beans
	Fruit	1/8 cup	1/4 cup	¼ cup	Peaches	Pears	Mango	Apple Slices	Sliced Cantaloupe
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Turkey Burgers	English Muffin Pizzas (whole grain English muffin, tomato sauce, mozzarella) HM	Sweet and Sour Chicken	Pasta Salad (Tri-colored rotini, carrots, broccoli, peas, cheddar cheese, chicken, Italian dressing) HM	Turkey Meatballs with Turkey Gravy
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Whole Wheat Hamburger Bun	Whole Grain English Muffin	Whole Grain Slider Rolls	Tri-colored Rotini	Flat Bread
	Add. Food option				Ketchup				
Snack	Fluid	½ cup	½ cup	1 cup	Milk	White Grape Juice	Water	Water	Milk
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Animal Crackers	Whole Grain Cheddar Goldfish Crackers	Baked Soft Pretzels and Cheddar Cheese Slices	Wheat Thins and Hummus (garbanzo beans, tahini, olive oil, garlic, lemon juice) HM	Banana Bread-HM

Early Learning Center
Month: August 2026

	Menu Item	1-2 age	3-5 age	6-12 age	Monday August 24	Tuesday August 25	Wednesday August 26	Thursday August 27	Friday August 28
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Fruit Vegetable	¼ cup	½ cup	½ cup	Peaches	Pears	CLOSED	CLOSED	CLOSED
	Grains	½ s or serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	Rice Krispies Cereal	Rice Chex Cereal			
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Vegetable	1/8 cup	1/4 cup	½ cup	Broccoli	Carrot Sticks (inf/tod-blanchd)			
	Fruit	1/8 cup	1/4 cup	¼ cup	Pineapple	Sliced Watermelon			
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Teriyaki Chicken (diced chicken, broccoli, teriyaki sauce) HM	Egg Salad (diced egg, mayo, mustard, dill) HM	CLOSED	CLOSED	CLOSED
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Whole Grain Dinner Roll	Whole Wheat Pita			
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	Milk	Water			
	Fruit/ vegetable	½ cup	½ cup	¾ cup			CLOSED	CLOSED	CLOSED
	Grains	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Graham Crackers	Triscuit Crackers and Cheddar Cheese Cubes			

Early Learning Center
Month: August 2026

	Menu Item	1-2 age	3-5 age	6-12 age	Monday August 30				
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk				
	Fruit Vegetable	¼ cup	½ cup	½ cup					
	Grains	½ s or serv (1/2 oz)	¾ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	Cheerios Cereal				
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk				
	Vegetable	1/8 cup	1/4 cup	½ cup	Peas				
	Fruit	1/8 cup	1/4 cup	¼ cup	Pineapple				
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Tuna Salad (tuna, mayo, dill) HM				
	Grains	½ s or ½ serv (1/2 oz)	¾ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Whole Wheat Bread				
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	Apple Juice				
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains	½ s or ½ serv (1/2 oz)	¾ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Multi-Grain Club Crackers				