

Early Learning Center

Month: June 2026

- School Age children may be served cereal and fruit in substitution for hot breakfast in order to maintain their individual bus schedules
- Meals and Snacks are subject to change without notice
- As stated in the parent handbook, all requests for special foods and diets must be documented and recommended by your physician. Parents may be required to provide appropriate food substitutes for their child
- HM: This item is homemade, not a prepackaged food item

	Menu Item	1-2 age	3-5 age	6-12 age	June 1 Monday	June 2 Tuesday	June 3 Wed	June 4 Thursday	June 5 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mixed Fruit	Blueberries	Pears	Applesauce	Bananas
	Grain (oz eq)	½ serv - ¼ cup or 1/3 oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - ¾ cup or 1oz - ½ cup	Rice Krispies Cereal	Rice Chex Cereal	Life Cereal	Whole Grain Waffle Sticks	Corn Flakes Cereal
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Broccoli	Cauliflower	Stewed Tomatoes	Diced Carrots	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Peaches	Orange Slices	Apple Slices	Pineapple	Sliced Cantaloupe
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Chicken Teriyaki (Diced chicken, broccoli, teriyaki sauce) HM	English Muffin Pizzas (Whole grain English muffin, tomato sauce, mozzarella cheese) HM	Macaroni and Cheese (Whole Wheat Macaroni, Cheddar Cheese) HM	Egg Salad (diced egg, mayo, mustard, dill) HM	Sliced Turkey
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Grain Sider Roll	Whole Grain English Muffin	Whole Wheat Macaroni	Whole Grain Dinner Roll	Whole Grain Bread
	Add. Food option								Mustard
Snack	Fluid	½ cup	½ cup	1 cup	Milk	White Grape Juice	Orange Juice	Milk	Water
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Animal Crackers	Whole Wheat Pita w/ Veggie Cream Cheese	Whole Grain Bean and Veggie Crackers	Whole Grain Cheddar Goldfish	Triscuit Crackers and Cheddar Cheese Slices

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	Menu Item	1-2 age	3-5 age	6-12 age	June 8 Monday	June 9 Tuesday	June 10 Wed	June 11 Thursday	June 12 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mango	Applesauce	Peaches	Strawberries	Apple Slices
	Grain (oz eq)	½ serv - ¼ cup or 1/3oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - 3/4 cup or 1oz - ½ cup	Cheerios Cereal	Whole Grain Croissants	Corn Flakes Cereal	Rice Krispies Cereal	Multi-Grain Cheerios Cereal
	Add. Food option					Butter			
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Corn	Peas	Green Beans	Salad (shredded lettuce, carrots, cabbage) infants-peas	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Pears	Sliced Honeydew	Mixed Fruit	Mandarin Oranges	Bananas
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Turkey Burgers	Creamy Chicken Casserole (Chicken, Cream of chicken, WW Penne) HM	BBQ Ground Turkey	Kidney Beans and Shredded Cheddar Cheese	Chicken Salad (Diced chicken, light mayo, dill) HM
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Wheat Hamburger Bun	Whole Wheat Penne	Whole Wheat Pita Bread	Wheat Thin Crackers	Whole Wheat Bread
	Add. Food option				Ketchup			Low-fat Ranch Dressing	
Snack	Fluid	½ cup	½ cup	1 cup	Milk	Orange Juice	Water	Apple Juice	Water
	Fruit/ vegetable	½ cup	½ cup	¾ cup			Apple Slices		
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Graham Crackers	Townhouse Crackers	Saltine Crackers	Baked Pretzels	Multi-Grain Club Crackers and Cheddar Cheese Cubes

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	Menu Item	1-2 age	3-5 age	6-12 age	June 15 Monday	June 16 Tuesday	June 17 Wed	June 18 Thursday	June 19 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	CLOSED
	Fruit Vegetable	¼ cup	½ cup	½ cup	Blueberries	Mixed Fruit	Strawberries	Apple Slice	
	Grain (oz eq)	½ serv - ¼ cup or 1/3 oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - 3/4 cup or 1 oz - ½ cup	Kix Cereal	Corn Chex Cereal	Corn Flakes Cereal	Whole Wheat Biscuits	
	Add. Food option							Butter	
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	
	Vegetable	1/8 cup	1/4 cup	½ cup	Peas	Broccoli, Peas, Carrots	Cauliflower	Corn	
	Fruit	1/8 cup	1/4 cup	¼ cup	Pineapple	Pears	Peaches	Mandarin Oranges	
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Tuna Salad (tuna, dill, mayo) HM	Pasta Salad (Broccoli, Peas, Carrots, Chicken, Tri-colored pasta, Light Italian Dressing, and Cheddar Cheese) HM	Turkey Meatballs and Tomato Sauce	Chicken and Cheese Quesadilla (chicken, WW tortilla, taco seasoning, cheddar cheese) HM	CLOSED
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Wheat Tortilla	Tri-colored Pasta	Whole Grain Dinner Roll	Whole Wheat Tortilla	
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	White Grape Juice	Water	Milk	Water	CLOSED
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Triscuit Crackers	Whole Wheat Pita Bread and Cheddar Cheese Cubes	Graham Cracker Goldfish	Flat Bread and Hummus (garbanzo beans, garlic, olive oil, lemon) HM	

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	Menu Item	1-2 age	3-5 age	6-12 age	June 22 Monday	June 23 Tuesday	June 24 Wed	June 25 Thursday	June 26 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Blueberries	Mango	Mandarin Oranges	Strawberries	Bananas
	Grain (oz eq)	½ serv - ¼ cup or 1/3 oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - ¾ cup or 1oz - ½ cup	Rice Chex Cereal	Kix Cereal	Life Cereal	Whole Grain French Toast Sticks	Multi-Grain Cheerios
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Diced Potatoes (Potatoes, olive oil, oregano)	Peas	Beets	Zucchini	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Apple Slices	Peaches	Pears	Pineapple	Orange Slices
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Beef Patty	Cheese Ravioli with Tomato Sauce and Shredded Mozzarella Cheese	Turkey Sausage Patty Melt (turkey sausage, cheddar cheese, WG English muffin) HM	BBQ Chicken Breast	Sliced Turkey
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Wheat Hamburger Bun	Cheese Ravioli	Whole Grain English Muffin	Whole Grain Slider Roll	Whole Wheat Tortilla
	Add. Food option				Ketchup				Mustard
Snack	Fluid	½ cup	½ cup	1 cup	Milk	White Grape Juice	Milk	Water	Apple Juice
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Cheez-it Crackers	Pretzels (infants/ toddlers- Baked Pretzels)	Cinnamon Graham Cracker Bites	Saltines and Cheddar Cheese Slices	Wheat Thin Crackers

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	Menu Item	1-2 age	3-5 age	6-12 age	June 29 Monday	June 30 Tuesday			
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mixed Fruit	Applesauce			
	Grain (oz eq)	½ serv - ¼ cup or 1/3 oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - 3/4 cup or 1oz - ½ cup	Cereal	Whole Wheat Bagel			
	Add. Food option					Cream Cheese			
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Vegetable	1/8 cup	1/4 cup	½ cup	Broccoli	Mixed Vegetables			
	Fruit	1/8 cup	1/4 cup	¼ cup	Pineapple	Peaches			
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Sweet and Sour Chicken	Chicken Meatballs with Chicken Gravy			
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Grain Dinner Roll	Flat Bread			
	Add. Food option					Gravy			
Snack	Fluid	½ cup	½ cup	1 cup	Milk	Water			
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grain (oz eq)	½ s or ½ serv	½ s or ½ serv	1 s or serv	Animal Crackers	Townhouse Crackers and Cheddar Cheese Cubes			