

Early Learning Center
Month: March 2026

- School Age children may be served cereal and fruit in substitution for hot breakfast in order to maintain their individual bus schedules
- Meals and Snacks are subject to change without notice
- As stated in the parent handbook, all requests for special foods and diets must be documented and recommended by your physician. Parents may be required to provide appropriate food substitutes for their child

	Menu Item	1-2 age	3-5 age	6-12 age	March 2 Monday	March 3 Tuesday	March 4 Wednesday	March 5 Thursday	March 6 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mixed Fruit	Mandarin Oranges	Peaches	Apple Slices	Bananas
	Grains (oz eq)	½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1s or 1 serv (1 oz)	Whole Grain Croissants	Rice Chex Cereal	Life Cereal	Rice Krispies Cereal	Cheerios Cereal
	Add. Food option				Butter				
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Lima Beans	Yams	Green Beans	Diced Tomatoes	Cucumber Slices
	Fruit	1/8 cup	¼ cup	¼ cup	Strawberries	Pineapple	Mango	Pears	Orange Slices
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Turkey Meatballs with Tomato Sauce	Turkey Burger	Baked BBQ Chicken Breast	Grilled Cheese (whole grain bread, cheddar cheese)	Tuna Salad (tuna, light mayo, dill) HM
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Whole Grain Slider Roll	Whole Wheat Hamburger Bun	Whole Grain Dinner Roll	Whole Grain Bread	Whole Wheat Tortilla
	Add. Food option					Ketchup			
Snack	Fluid	½ cup	½ cup	1 cup	Milk	Water	Water	Milk	Water
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Cinnamon Raisin Squares HM	Triscuit Crackers and Mozzarella Cheese Sticks	Flatbread and Red Pepper Hummus (Red peppers, garbanzo beans, tahini, olive oil, garlic, lemon juice) HM	Wheat Thin Crackers	Saltines and Cheddar Cheese Cubes

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	Menu Item	1-2 age	3-5 age	6-12 age	March 9 Monday	March 10 Tuesday	March 11 Wednesday	March 12 Thursday	March 13 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mandarin Oranges	Apple Slices	Blueberries	Pears	Bananas
	Grains (oz eq)	½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1s or 1 serv (1 oz)	Cheerios Cereal	Whole Grain Pancakes	Kix Cereal	Rice Krispies Cereal	Corn Flakes Cereal
	Add. Food option					Light Syrup			
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Diced Carrots	Broccoli	Stewed Tomatoes	Beets	Carrot Sticks (inf/tod-blanch)
	Fruit	1/8 cup	¼ cup	¼ cup	Pineapple	Peaches	Mixed Fruit	Mango	Apple Slices
	Meat/alternative	1 oz	1 ½ oz	2 oz	Sweet and Sour Chicken	Egg Salad (Diced Hard-boiled egg, mustard, light mayo, dill) HM	Macaroni and Cheese (Macaroni, Cheddar Cheese, milk) HM	Tuna Melt (Tuna, Cheddar Cheese, English Muffin)	Sliced Turkey
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 Oz)	1 s or serv (1 oz)	Whole Grain Slider Roll	Whole Wheat Pita	Whole Grain Macaroni	Whole Grain English Muffin	Whole Wheat Bread
	Add. Food option								Mustard
Snack	Fluid	½ cup	½ cup	1 cup	White Grape Juice	Milk	Orange Juice	Water	Water
	Fruit/vegetable	½ cup	½ cup	¾ cup				Orange Slices	
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Trail Mix (Cheerios, Corn Flakes, Chex, Cheez-its)	Baked Soft Pretzels	Whole Grain Bean and Veggie Crackers	Townhouse Crackers	Multi-Grain Club Crackers and Sliced Cheddar Cheese

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	Menu Item	1-2 age	3-5 age	6-12 age	March 16 Monday	March 17 Tuesday	March 18 Wednesday	March 19 Thursday	March 20 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Peaches	Apple Slices	Strawberries	Applesauce	Orange Slices
	Grains (oz eq)	½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1s or 1 serv (1 oz)	Life Cereal	Multi-grain Cheerios Cereal	Rice Chex Cereal	Whole Grain French Toast Sticks	Corn Chex Cereal
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Shredded Lettuce	Diced Potatoes (potatoes, olive oil, oregano) HM	Mixed Vegetables	Cauliflower	Cucumber Slices
	Fruit	1/8 cup	¼ cup	¼ cup	Mandarin Oranges	Mixed Fruit	Pineapple	Pears	Bananas
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Ground Turkey with Taco Seasoning and Shredded Cheddar Cheese HM	Beef Patty	Scrambled Eggs	Turkey Sausage Patty Melt (turkey sausage, English muffin, cheddar cheese)	Chicken Salad (diced chicken, mayo, dill) HM
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Corn Shell Taco	Whole Grain Hamburger Bun	Whole Grain Dinner Roll	Whole Grain English Muffin	Whole Grain Bread
	Add. Food option					Ketchup			
Snack	Fluid	½ cup	½ cup	1 cup	Milk	Water	Orange Juice	Milk	Water
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	Graham Crackers	Wheat Thins and Mozzarella Cheese Sticks	Cheez-it Crackers	Animal Crackers	Townhouse Crackers and Soy Nut Butter

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	Menu Item	1-2 age	3-5 age	6-12 age	March 23 Monday	March 24 Tuesday	March 25 Wednesday	March 26 Thursday	March 27 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Fruit Vegetable	¼ cup	½ cup	½ cup	Blueberries	Mandarin Oranges	CLOSED	CLOSED	CLOSED
	Grains (oz eq)	½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv -(1 oz)	Rice Chex Cereal	Whole Wheat Bagels			
	Add. Food option					Cream Cheese			
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Vegetable	1/8 cup	1/4 cup	½ cup	Green Beans	Corn			
	Fruit	1/8 cup	¼ cup	¼ cup	Mixed Fruit	Pears			
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Tuna Noodle Casserole (tuna, whole wheat penne, cream of mushroom) HM	Turkey Meatballs with Turkey Gravy	CLOSED	CLOSED	CLOSED
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2)	1 s or serv (1 oz)	Whole Wheat Penne	Whole Grain Dinner Roll			
	Add. Food option					Turkey Gravy			
Snack	Fluid	½ cup	½ cup	1 cup	Milk	White Grape Juice	CLOSED	CLOSED	CLOSED
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains (oz eq)	½ s or ½ serv (½ oz)	½ s or ½ serv (½ oz)	1 s or serv (1 oz)	Banana Squares HM	Whole Grain Graham Goldfish			

**Early Learning Center
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	Menu Item	1-2 age	3-5 age	6-12 age	March 30 Monday	March 31 Tuesday			
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mixed Fruit	Peaches			
	Grains (oz eq)	½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	-1s or 1 serv -(1 oz)	Cheerios Cereal	Life Cereal			
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk			
	Vegetable	1/8 cup	1/4 cup	½ cup	Zucchini	Carrot Sticks (inf/tods-cooked)			
	Fruit	1/8 cup	¼ cup	¼ cup	Pears	Apple Slices			
	Meat/ alternative	1 oz	1 ½ oz	2 oz	English Muffin Pizzas (whole grain English muffin, tomato sauce, mozzarella cheese) HM	Soy Nut Butter and Mozzarella Cheese Sticks			
	Grains (oz eq)	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2)	1 s or serv (1 oz)	Whole Grain English Muffin	Whole Wheat Bread			
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	Apple Juice	Water			
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Grains (oz eq)	½ s or ½ serv (½ oz)	½ s or ½ serv (½ oz)	1 s or serv (1 oz)	Pretzels (inf/tods-soft pretzels)	Whole Grain Bean and Veggie Crackers and Cheddar Cheese Cubes			