

## Early Learning Center Month: August 2025

- School Age children may be served cereal and fruit in substitution for hot breakfast in order to maintain their individual bus schedules
- Meals and Snacks are subject to change without notice
- As stated in the parent handbook, all requests for special foods and diets must be documented and recommended by your physician. Parents may be required to provide appropriate food substitutes for their child
- HM: This item is homemade, not a prepackaged food item

	Menu Item	1-2 age	3-5 age	6-12 age					Friday August 1
<b>Breakfast</b>	<b>Milk</b>	½ cup	¾ cup	1 cup					<b>Milk</b>
	<b>Fruit Vegetable</b>	¼ cup	½ cup	½ cup					<b>Strawberries</b>
	<b>Grains</b>	½ s or serving (1/2 oz)	½ s or ½ serving (1/2 oz)	-1s or 1 serving (1 oz)					<b>Corn Chex Cereal</b>
	<b>Add. Food option</b>								
<b>Lunch</b>	<b>Milk</b>	½ cup	¾ cup	1 cup					<b>Milk</b>
	<b>Vegetable</b>	1/8 cup	1/4 cup	1/2 cup					<b>Salad (inf/tod-lettuce, PS/SA-lettuce, cabbage, carrot)</b>
	<b>Fruit</b>	1/8 cup	1/4 cup	¼ cup					<b>Bananas</b>
	<b>Meat/ alternative</b>	1 oz	1 ½ oz	2 oz					<b>Egg Salad (diced egg, light mayo, mustard, dill)</b>
	<b>Grains</b>	½ s or ½ serving (1/2 oz)	½ s or ½ serving (1/2 oz)	1 s or serving (1 oz)					<b>Whole Wheat Bread</b>
	<b>Add. Food option</b>								<b>Low-Fat Ranch Dressing</b>
<b>Snack</b>	<b>Fluid</b>	½ cup	½ cup	1 cup					<b>Orange Juice</b>
	<b>Fruit/ vegetable</b>	½ cup	½ cup	¾ cup					
	<b>Grains</b>	½ s or ½ serving (1/2 oz)	½ s or ½ serving (1/2 oz)	1 s or serving (1 oz)					<b>Pretzels (inf/tod-soft pretzels)</b>

## Early Learning Center

Month: August 2025

	Menu Item	1-2 age	3-5 age	6-12 age	Monday August 4	Tuesday August 5	Wednesday August 6	Thursday August 7	Friday August 8
<b>Breakfast</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
	<b>Fruit Vegetable</b>	¼ cup	½ cup	½ cup	<b>Pears</b>	<b>Mandarin Oranges</b>	<b>Apple Slices</b>	<b>Strawberries</b>	<b>Bananas</b>
	<b>Grains</b>	½ s or serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	<b>Cornflakes Cereal</b>	<b>Cheerios Cereal</b>	<b>Rice Krispies Cereal</b>	<b>Whole Grain Pancakes</b>	<b>Rice Chex Cereal</b>
	<b>Add. Food option</b>							<b>Light Syrup</b>	
<b>Lunch</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
	<b>Vegetable</b>	1/8 cup	1/4 cup	½ cup	<b>Peas</b>	<b>Stewed Tomatoes</b>	<b>Lima Beans</b>	<b>Mixed Vegetables</b>	<b>Cucumber Slices</b>
	<b>Fruit</b>	1/8 cup	1/4 cup	¼ cup	<b>Mixed Fruit</b>	<b>Peaches</b>	<b>Sliced Watermelon</b>	<b>Pineapple</b>	<b>Sliced Honeydew</b>
	<b>Meat/ alternative</b>	1 oz	1 ½ oz	2 oz	<b>Chicken Salad (diced chicken, light mayo, dill)</b>	<b>Grilled Cheese (cheddar cheese, whole wheat bread)</b>	<b>Sliced Turkey</b>	<b>BBQ Chicken Breast</b>	<b>Tuna Salad (Tuna, Light Mayo, Dill)</b>
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	<b>Whole Grain Slider Roll</b>	<b>Whole Wheat Bread</b>	<b>Whole Wheat Tortilla</b>	<b>Whole Grain Dinner Roll</b>	<b>Multi-Grain Bread</b>
	<b>Add. Food option</b>				<b>Ketchup</b>		<b>Mustard</b>		
<b>Snack</b>	<b>Fluid</b>	½ cup	½ cup	1 cup	<b>Apple Juice</b>	<b>White Grape Juice</b>	<b>Water</b>	<b>Milk</b>	<b>Water</b>
	<b>Fruit/ vegetable</b>	½ cup	½ cup	¾ cup					
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	<b>Triscuit Crackers</b>	<b>Cheez-its Crackers</b>	<b>Multi-Grain Club Crackers and Sliced Cheddar Cheese</b>	<b>Graham Crackers</b>	<b>Saltines and Cheddar Cheese Cubes</b>

**Early Learning Center  
Month: August 2025**

	<b>Menu Item</b>	1-2 age	3-5 age	6-12 age	<b>Monday August 11</b>	<b>Tuesday August 12</b>	<b>Wednesday August 13</b>	<b>Thursday August 14</b>	<b>Friday August 15</b>
<b>Breakfast</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
	<b>Fruit Vegetable</b>	¼ cup	½ cup	½ cup	<b>Mango</b>	<b>Peaches</b>	<b>Strawberries</b>	<b>Pineapple</b>	<b>Applesauce</b>
	<b>Grains</b>	½ s or serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	<b>Corn Flakes Cereal</b>	<b>Cheerios Cereal</b>	<b>Rice Krispies Cereal</b>	<b>Life Cereal</b>	<b>Whole Grain French Toast Sticks</b>
	<b>Add. Food option</b>								
<b>Lunch</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
	<b>Vegetable</b>	1/8 cup	1/4 cup	½ cup	<b>Carrot Sticks (inf/tods-blanch)</b>	<b>Corn</b>	<b>Diced Potatoes (diced potatoes, olive oil, oregano)</b>	<b>Cucumber Slices</b>	<b>Salad (inf/tod-lettuce PS-lettuce, carrot, cabbage)</b>
	<b>Fruit</b>	1/8 cup	1/4 cup	¼ cup	<b>Sliced Watermelon</b>	<b>Mandarin Oranges</b>	<b>Sliced Honeydew</b>	<b>Orange Slices</b>	<b>Bananas</b>
	<b>Meat/alternative</b>	1 oz	1 ½ oz	2 oz	<b>Soy Nut Butter and Mozzarella Cheese Sticks</b>	<b>Chicken Quesadillas (Diced chicken, shredded cheddar cheese, taco seasoning)</b>	<b>BBQ Diced Chicken (Diced Chicken, BBQ sauce, and Ketchup)</b>	<b>Sliced Turkey</b>	<b>Diced Chicken</b>
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	½ s or ½ serving (1/2 oz)	1 s or serving (1 oz)	<b>Multi-Grain Bread</b>	<b>Whole Wheat Tortilla</b>	<b>Whole Wheat Hamburger Bun</b>	<b>Whole Wheat Bread</b>	<b>Whole Grain Dinner Roll</b>
	<b>Add. Food option</b>					<b>Salsa</b>		<b>Mustard</b>	<b>Low-Fat Ranch Dressing</b>
<b>Snack</b>	<b>Fluid</b>	½ cup	½ cup	1 cup	<b>Orange Juice</b>	<b>Milk</b>	<b>Apple Juice</b>	<b>Water</b>	<b>Water</b>
	<b>Fruit/vegetable</b>	½ cup	½ cup	¾ cup					
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or serving (1 oz)	<b>Graham Cracker Goldfish</b>	<b>Multi-grain Cinnamon Raisin Bread</b>	<b>Pretzels (Infants and tods-Soft Pretzels)</b>	<b>Townhouse Crackers and Soy Nut Butter</b>	<b>Whole Grain Bean and Veggie Crackers and Mozzarella Cheese Sticks</b>

**Early Learning Center  
Month: August 2025**

	<b>Menu Item</b>	1-2 age	3-5 age	6-12 age	<b>Monday August 18</b>	<b>Tuesday August 19</b>	<b>Wednesday August 20</b>	<b>Thursday August 21</b>	<b>Friday August 22</b>
<b>Breakfast</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
	<b>Fruit Vegetable</b>	¼ cup	½ cup	½ cup	<b>Mixed Fruit</b>	<b>Pineapple</b>	<b>Mandarin Oranges</b>	<b>Mixed Berries</b>	<b>Bananas</b>
	<b>Grains</b>	½ s or serv (1/2 oz)	¾ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	<b>Multi-Grain Cheerios Cereal</b>	<b>Corn Chex Cereal</b>	<b>Kix Cereal</b>	<b>Bran Flakes Cereal</b>	<b>Whole Wheat Bagels</b>
	<b>Add. Food option</b>								<b>Cream Cheese</b>
<b>Lunch</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
	<b>Vegetable</b>	1/8 cup	1/4 cup	½ cup	<b>Green Beans</b>	<b>Broccoli</b>	<b>Cauliflower</b>	<b>Broccoli, Peas, Carrots</b>	<b>Lima Beans</b>
	<b>Fruit</b>	1/8 cup	1/4 cup	¼ cup	<b>Peaches</b>	<b>Pears</b>	<b>Mango</b>	<b>Apple Slices</b>	<b>Sliced Cantaloupe</b>
	<b>Meat/ alternative</b>	1 oz	1 ½ oz	2 oz	<b>Turkey Burgers</b>	<b>English Muffin Pizzas (whole grain English muffin, tomato sauce, mozzarella)</b>	<b>Baked Fish with Bread Crumbs</b>	<b>Pasta Salad (Tri-colored rotini, carrots, broccoli, peas, cheddar cheese, chicken, Italian dressing)</b>	<b>Chicken Meatballs with Tomato Sauce</b>
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	<b>Whole Wheat Hamburgers</b>	<b>Whole Grain English Muffin</b>	<b>Whole Grain Slider Rolls</b>	<b>Tri-colored Rotini</b>	<b>Flat Bread</b>
	<b>Add. Food option</b>				<b>Ketchup</b>		<b>Ketchup</b>		
<b>Snack</b>	<b>Fluid</b>	½ cup	½ cup	1 cup	<b>Milk</b>	<b>White Grape Juice</b>	<b>Water</b>	<b>Water</b>	<b>Milk</b>
	<b>Fruit/ vegetable</b>	½ cup	½ cup	¾ cup					
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	½ s or ½ serv (1/2 oz)	1 s or 1 serv (1 oz)	<b>Animal Crackers</b>	<b>Whole Grain Cheddar Goldfish Crackers</b>	<b>Baked Soft Pretzels and Cheddar Cheese Slices</b>	<b>Wheat Thins and Hummus (garbanzo beans, tahini, olive oil, garlic, lemon juice)</b>	<b>Whole Grain Banana Bread</b>

**Early Learning Center  
Month: August 2025**

	<b>Menu Item</b>	1-2 age	3-5 age	6-12 age	<b>Monday August 25</b>	<b>Tuesday August 26</b>	<b>Wednesday August 27</b>	<b>Thursday August 28</b>	<b>Friday August 29</b>
<b>Breakfast</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>			
	<b>Fruit Vegetable</b>	¼ cup	½ cup	½ cup	<b>Peaches</b>	<b>Pears</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>
	<b>Grains</b>	½ s or serv (1/2 oz)	¾ s or ½ serv (1/2 oz)	1s or 1 serv (1 oz)	<b>Cheerios Cereal</b>	<b>Rice Chex Cereal</b>			
	<b>Add. Food option</b>								
<b>Lunch</b>	<b>Milk</b>	½ cup	¾ cup	1 cup	<b>Milk</b>	<b>Milk</b>			
	<b>Vegetable</b>	1/8 cup	1/4 cup	½ cup	<b>Broccoli</b>	<b>Carrot Sticks (inf/tod-blanch)</b>			
	<b>Fruit</b>	1/8 cup	1/4 cup	¼ cup	<b>Pineapple</b>	<b>Sliced Watermelon</b>			
	<b>Meat/ alternative</b>	1 oz	1 ½ oz	2 oz	<b>Teriyaki Chicken (diced chicken, broccoli, teriyaki sauce)</b>	<b>Egg Salad (diced egg, mayo, mustard, dill)</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	¾ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	<b>Whole Grain Dinner Roll</b>	<b>Whole Wheat Pita</b>			
	<b>Add. Food option</b>								
<b>Snack</b>	<b>Fluid</b>	½ cup	½ cup	1 cup	<b>Milk</b>	<b>Water</b>			
	<b>Fruit/ vegetable</b>	½ cup	½ cup	¾ cup			<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>
	<b>Grains</b>	½ s or ½ serv (1/2 oz)	¾ s or ½ serv (1/2 oz)	1 s or serv (1 oz)	<b>Graham Crackers</b>	<b>Triscuit Crackers and Cheddar Cheese Cubes</b>			