

Early Learning Center

Month: June 2025

- School Age children may be served cereal and fruit in substitution for hot breakfast in order to maintain their individual bus schedules
- Meals and Snacks are subject to change without notice
- As stated in the parent handbook, all requests for special foods and diets must be documented and recommended by your physician. Parents may be required to provide appropriate food substitutes for their child
- HM: This item is homemade, not a prepackaged food item

	Menu Item	1-2 age	3-5 age	6-12 age	June 2 Monday	June 3 Tuesday	June 4 Wed	June 5 Thursday	June 6 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mixed Fruit	Blueberries	Pears	Mandarin Oranges	Bananas
	Bread/ Cold Cereal/ Hot Cereal	½ serv - ¼ cup or 1/3 oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - 3/4 cup or 1 oz - ½ cup	Rice Krispies Cereal	Rice Chex Cereal	Life Cereal	Whole Grain Pancakes	Corn Flakes Cereal
	Add. Food option							Syrup	
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Broccoli	Cauliflower	Stewed Tomatoes	Diced Carrots	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Peaches	Orange Slices	Apple Slices	Pineapple	Sliced Cantaloupe
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Chicken Teriyaki (Diced chicken, broccoli, teriyaki sauce)	English Muffin Pizzas (Whole grain English muffin, tomato sauce, mozzarella cheese)	Macaroni and Cheese (Whole Wheat Macaroni, Cheddar Cheese)	Egg Salad (diced egg, mayo, mustard, dill)	Sliced Turkey
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Grain Sider Roll	Whole Grain English Muffin	Whole Wheat Macaroni	Whole Grain Dinner Roll	Whole Grain Bread
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	Milk	White Grape Juice	Water	Milk	Water
	Fruit/ vegetable	½ cup	½ cup	¾ cup			Wheat Thin Crackers and Hummus (garbanzo beans, tahini, lemon juice, garlic)		
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Animal Crackers	Whole Wheat Bagels w/ Veggie Cream Cheese		Whole Grain Cheddar Goldfish	Triscuit Crackers and Cheddar Cheese Slices

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	Menu Item	1-2 age	3-5 age	6-12 age	June 9 Monday	June 10 Tuesday	June 11 Wed	June 12 Thursday	June 13 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mango	Applesauce	Peaches	Strawberries	Apple Slices
	Bread/ Cold Cereal/ Hot Cereal	½ serv - ¼ cup or 1/3oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - ¾ cup or 1oz - ½ cup	Cheerios Cereal	Whole Grain Croissants	Corn Flakes Cereal	Rice Krispies Cereal	Multi- Grain Cheerios Cereal
	Add. Food option					Butter			
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Corn	Peas	Green Beans	Salad (shredded lettuce, carrots, cabbage) infants- peas	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Pears	Sliced Honeydew	Mixed Fruit	Mandarin Oranges	Bananas
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Turkey Burgers	Creamy Chicken and Rice Casserole (Chicken, Cream of chicken, Brown Rice)	BBQ Ground Turkey	Kidney Beans and Shredded Cheddar Cheese	Chicken Salad (Diced chicken, light mayo, dill)
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Wheat Hamburger Bun	Brown Rice	Whole Wheat Pita Bread	Wheat Crackers	Whole Wheat Bread
	Add. Food option				Ketchup			Low-fat Ranch Dressing	
Snack	Fluid	½ cup	½ cup	1 cup	Milk	Orange Juice	Water	Apple Juice	Milk
	Fruit/ vegetable	½ cup	½ cup	¾ cup			Apple Slices		
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Graham Crackers	Townhouse Crackers	Whole Grain Bean and Veggie Crackers	Baked Pretzels	Wheat Thin Crackers and Cheddar Cheese Cubes

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	Menu Item	1-2 age	3-5 age	6-12 age	June 16 Monday	June 17 Tuesday	June 18 Wed	June 19 Thursday	June 20 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	CLOSED	CLOSED
	Fruit Vegetable	¼ cup	½ cup	½ cup	Blueberries	Mixed Fruit	Strawberries		
	Bread/ Cold Cereal/ Hot Cereal	½ serv - ¼ cup or 1/3 oz -¼ cup	-½ s or ½ serv -1/3 cup or ½ oz - ¼ cup	-1s or 1 serv -3/4 cup or 1oz - ½ cup	Kix Cereal	Corn Chex Cereal	Corn Flakes Cereal		
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk		
	Vegetable	1/8 cup	1/4 cup	½ cup	Peas	Broccoli, Peas, Carrots	Cauliflower		
	Fruit	1/8 cup	1/4 cup	¼ cup	Pineapple	Pears	Peaches		
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Tuna Salad (tuna, dill, mayo)	Pasta Salad (Broccoli, Peas, Carrots, Chicken, Tri-colored pasta, Light Italian Dressing, and Cheddar Cheese)	Turkey Meatballs and Tomato Sauce	CLOSED	CLOSED
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Wheat Tortilla	Tri- colored Pasta	Whole Grain Dinner Roll		
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	White Grape Juice	Water	Milk	CLOSED	CLOSED
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Triscuit Crackers	Whole Wheat Pita Bread and Cheddar Cheese Cubes	Graham Cracker Goldfish		

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	Menu Item	1-2 age	3-5 age	6-12 age	June 23 Monday	June 24 Tuesday	June 25 Wed	June 26 Thursday	June 27 Friday
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit Vegetable	¼ cup	½ cup	½ cup	Blueberries	Mango	Mandarin Oranges	Strawberries	Bananas
	Bread/ Cold Cereal/ Hot Cereal	½ serv - ¼ cup or 1/3 oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - ¾ cup or 1 oz - ½ cup	Rice Chex Cereal	Kix Cereal	Life Cereal	Whole Grain French Toast Sticks	Multi- Grain Cheerios
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	1/4 cup	½ cup	Diced Potatoes (Potatoes, olive oil, oregano)	Peas	Beets	Zucchini	Cucumber Slices
	Fruit	1/8 cup	1/4 cup	¼ cup	Apple Slices	Peaches	Pears	Pineapple	Orange Slices
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Beef Patty	Cheese Ravioli with Tomato Sauce and Shredded Mozzarella Cheese	Turkey Sausage Patty Melt (turkey sausage, cheddar cheese, WG English muffin)	BBQ Chicken Breast	Sliced Turkey
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Wheat Hamburger Bun	Cheese Ravioli	Whole Grain English Muffin	Whole Grain Slider Roll	Whole Wheat Tortilla
	Add. Food option				Ketchup				Mustard
Snack	Fluid	½ cup	½ cup	1 cup	Milk	White Grape Juice	Milk	Water	Apple Juice
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Cheez-it Crackers	Pretzels (infants/ tods- Baked Pretzels)	Graham Crackers	Saltines and Cheddar Cheese Slices	Wheat Thin Crackers

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	Menu Item	1-2 age	3-5 age	6-12 age	June 30 Monday				
Breakfast	Milk	½ cup	¾ cup	1 cup	Milk				
	Fruit Vegetable	¼ cup	½ cup	½ cup	Mixed Fruit				
	Bread/ Cold Cereal/ Hot Cereal	½ serv - ¼ cup or 1/3 oz - ¼ cup	-½ s or ½ serv - 1/3 cup or ½ oz - ¼ cup	-1s or 1 serv - ¾ cup or 1 oz - ½ cup	Bran Flakes Cereal				
	Add. Food option								
Lunch	Milk	½ cup	¾ cup	1 cup	Milk				
	Vegetable	1/8 cup	1/4 cup	½ cup	Broccoli				
	Fruit	1/8 cup	1/4 cup	¼ cup	Pineapple				
	Meat/ alternative	1 oz	1 ½ oz	2 oz	Sweet and Sour Chicken				
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Whole Grain Dinner Roll				
	Add. Food option								
Snack	Fluid	½ cup	½ cup	1 cup	Milk				
	Fruit/ vegetable	½ cup	½ cup	¾ cup					
	Bread	½ s or ½ serv	½ s or ½ serv	1 s or serv	Animal Crackers				