- School Age children may be served cereal and fruit in substitution for hot breakfast in order to maintain their individual bus schedules
- Meals and Snacks are subject to change without notice
- As stated in the parent handbook, all requests for special foods and diets must be documented and recommended by your physician. Parents may be required to provide appropriate food substitutes for their child
- HM: This item is homemade, not a prepackaged food item

<table>
<thead>
<tr>
<th>Menu Item</th>
<th>1-2 age</th>
<th>3-5 age</th>
<th>6-12 age</th>
<th>Thursday June 1</th>
<th>Friday June 2</th>
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<td>Breakfast</td>
<td>Milk</td>
<td>½ cup</td>
<td>¼ cup</td>
<td>1 cup</td>
<td>Milk</td>
</tr>
<tr>
<td>Fruit Vegetable</td>
<td>¼ cup</td>
<td>½ cup</td>
<td>½ cup</td>
<td>Mixed Fruit</td>
<td>Bananas</td>
</tr>
<tr>
<td>Bread/cold cereal/Hot cereal</td>
<td>½ s or ½ serving - 1/4 cup or 1/3 oz - ⅛ cup</td>
<td>½ s or ½ serving - ⅛ cup or 1/3 oz - ⅛ cup</td>
<td>½ s or 1 serving - ⅛ cup or 1 oz - ⅛ cup</td>
<td>Toasted Whole Grain English Muffin</td>
<td>Life Cereal</td>
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<tr>
<td>Add. Food option</td>
<td>Light Butter</td>
<td></td>
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<tr>
<td>Lunch</td>
<td>Milk</td>
<td>½ cup</td>
<td>¼ cup</td>
<td>1 cup</td>
<td>Milk</td>
</tr>
<tr>
<td>Fruit/vegetable</td>
<td>1/8 cup</td>
<td>1/4 cup</td>
<td>¼ cup + 2 Tbsp=3 oz</td>
<td>Diced Tomatoes</td>
<td>Lima Beans</td>
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<tr>
<td>Fruit/vegetable</td>
<td>1/8 cup</td>
<td>1/4 cup</td>
<td>¼ cup + 2 Tbsp=3 oz</td>
<td>Mango</td>
<td>Orange Slices</td>
</tr>
<tr>
<td>Meat/alternative</td>
<td>1 oz</td>
<td>1 ½ oz</td>
<td>2 oz</td>
<td>Grilled Cheese (whole wheat bread, cheddar cheese)</td>
<td>Egg Salad (diced egg, light mayo, mustard, dill)</td>
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<td>½ s or ½ serving</td>
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<td>Marble Rye Bread</td>
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<td>½ cup</td>
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<tr>
<td>Bread</td>
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<td>½ s or ½ serving</td>
<td>½ s or ½ serving</td>
<td>Saltines and Hummus (garbanzo beans, tahini, garlic, lemon juice)</td>
<td>Cinnamon Raisin Multi-Grain Squares</td>
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<td>Menu Item</td>
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<td>3-5 age</td>
<td>6-12 age</td>
<td>Monday June 5</td>
<td>Tuesday June 6</td>
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</tr>
<tr>
<td>Breakfast</td>
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<td>½ cup</td>
<td>½ cup</td>
<td>1 cup</td>
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</tr>
<tr>
<td>Fruit/ Vegetable</td>
<td>¼ cup</td>
<td>½ cup</td>
<td>½ cup</td>
<td>½ cup</td>
<td>Mandarin Oranges</td>
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<tr>
<td>Bread/ Cold Cereal/ Hot Cereal</td>
<td>½ serving - ½ cup or 1/3oz - ½ cup</td>
<td>- ½ s or ½ serving - 1/3 cup or ½ oz - ½ cup</td>
<td>- ½ s or ½ serving - 1/3 cup or 1 oz - ½ cup</td>
<td>Multi-Grain Cheerios Cereal</td>
<td>Corn Chex Cereal</td>
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<td>½ cup</td>
<td>¾ cup</td>
<td>1 cup</td>
<td>Milk</td>
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<tr>
<td>Fruit/ Vegetable</td>
<td>1/8 cup</td>
<td>1/4 cup</td>
<td>¼ cup + 2 Tbsp=3 oz</td>
<td>Carrot Sticks (blanched)</td>
<td>Tossed Salad (lettuce, Shredded carrot, Shredded cabbage (infants – peas)</td>
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<td>1/8 cup</td>
<td>¼ cup</td>
<td>¼ cup + 2 Tbsp=3 oz</td>
<td>Mixed Fruit</td>
<td>Pears</td>
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<tr>
<td>Meat/ alternative</td>
<td>1 oz</td>
<td>1 ½ oz</td>
<td>2 oz</td>
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<td>Soy Nut Butter Sandwich and Mozzarella Cheese Sticks</td>
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<td>½ s or ½ serving</td>
<td>½ s or ½ serving</td>
<td>1 s or serving</td>
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<td>½ cup</td>
<td>1 cup</td>
<td>Apple Juice</td>
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<td>½ cup</td>
<td>¼ cup</td>
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<tr>
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<td>1 s or serving</td>
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<td>¼ cup</td>
<td>½ cup</td>
<td>½ cup</td>
<td><strong>Apple Slices</strong></td>
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<td><strong>Bread/Cold Cereal/Hot Cereal</strong></td>
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<td>½ serving</td>
<td>½ serving</td>
<td>½ cup</td>
<td>½ cup</td>
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<tr>
<td><strong>Rice Krispies Cereal</strong></td>
<td><strong>Rice Chex Cereal</strong></td>
<td><strong>Life Cereal</strong></td>
<td><strong>Cornflakes Cereal</strong></td>
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<td>¾ cup</td>
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<td><strong>Milk</strong></td>
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<td><strong>Fruit Vegetable</strong></td>
<td>1/8 cup</td>
<td>1/4 cup</td>
<td>¼ cup</td>
<td><strong>Asparagus</strong></td>
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<td>1 oz</td>
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<td>2 oz</td>
<td><strong>Baked Fish</strong></td>
<td>Pasta Salad (Broccoli, Peas, Chicken, Tri-colored pasta, Light Vinaigrette Dressing, and Cheddar Cheese)</td>
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<tr>
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<td>Mustard</td>
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<td>½ cup</td>
<td>1 cup</td>
<td><strong>Water</strong></td>
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<td>½ cup</td>
<td>¼ cup</td>
<td><strong>Mixed Fruit</strong></td>
<td><strong>Cucumber Sticks and Red Pepper Hummus</strong> (garbanzo beans, tahini, lemon juice, garlic)</td>
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<tr>
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<td>½ s or ½ serving</td>
<td>½ s or ½ serving</td>
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<td>Monday June 19</td>
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<td>1 cup</td>
<td>Milk</td>
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<td>½ cup</td>
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<td>- ¾ or ½ cup or ½ oz - ¼ cup</td>
<td>- ½ s or 1 serving</td>
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<td>¾ cup</td>
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<td>1/8 cup</td>
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<td>¼ cup + 2 Tbsp=3 oz</td>
<td>Corn</td>
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<tr>
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<td>Meat/</td>
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<td>Turkey Burgers</td>
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<td></td>
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<td>Ketchup &amp; Mustard</td>
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<td>½ cup</td>
<td>¼ cup</td>
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<td>Bread</td>
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<td>½ s or ½ serving</td>
<td>½ s or serving</td>
<td>Graham Crackers (infants-Wheat Crackers)</td>
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Revised May 2017
## Early Learning Center
### Month: June 2017

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<thead>
<tr>
<th>Breakfast</th>
<th>Item</th>
<th>1-2 age</th>
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<th>Monday June 26</th>
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<th>Wednesday June 28</th>
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<td>Pineapple</td>
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<tr>
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<td>Meat/</td>
<td>1 oz</td>
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<td>Diced Chicken</td>
<td>Bean and Cheese</td>
<td>Turkey Meatballs</td>
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<td></td>
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<td>½ s or ½</td>
<td>½ s or ½</td>
<td>1 s or</td>
<td>French Breadsticks</td>
<td>Naan Bread and</td>
<td>Stone Wheat Thin</td>
<td>Animal Crackers</td>
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<td>serving</td>
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<td></td>
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Revised May 2017